Example. Students in a certain kindergarten class are given an IQ test in the fall and then again in the Spring. Researchers want to know if the academic program in this kindergarten helps boost the children's IQ.
${ }^{(*)}$ The average on both tests is about 100 and both SD s are about 15, so at first glance it seems that a year of kindergarten had no overall effect.
${ }^{(*)}$ A closer look at the data finds shows that students with high scores on the first test, tended to have lower scores on the second test, on average. Also, students with lower scores on the first test did better, on average, on the second test.
(*) Why?
${ }^{(*)}$ Because of the regression effect.
$\left(^{*}\right)$ The data in a scatter plot is (more or less) symmetric around the SD line.
$\Rightarrow \quad$ the SD line increases (or decreases) at the rate of $1 S D_{y}$ for every $1 S D_{x}$.
$\left(^{*}\right)$ Vertical strips are generally not symmetric around the SD line. They are (more or less) symmetric around the regression line.

$$
\begin{aligned}
& \Rightarrow \quad \text { the regression line increases (or decreases) at the rate of } \\
& r_{x y} \times S D_{y} \text { for every } 1 S D_{x} \text {. }
\end{aligned}
$$

$\left.{ }^{*}\right)$ So, the mean score on the second test of students who scored above average on the first test will not be as high as their score on the first test (but still above than average)...
(*) ... and the mean score on the second test of students who scored below average on the first test will be higher than their score on the first test (but still below average).


The regression effect - a famous example.
Example: Heights of sons on heights of fathers.
average height of fathers $\approx 68$ inches, $\quad \mathrm{SD} \approx 2.7$ inches average height of sons $\approx 69$ inches, $\quad \mathrm{SD} \approx 2.7$ inches $\quad r \approx 0.5$


Figure 5., p. 171 in FPP, sons and fathers' heights, with SD line and regression line.

- The average heights of the sons for each height class of the fathers follow the regression line, not the SD line.
- The average height of the sons grows more slowly than the height of their fathers.
- Fathers that are much taller than 70 inches, will have sons that are, on average, shorter than them.
- Fathers that are shorter than 70 inches will have sons that are, on average, taller than them.
- The same geometric-logic applies as in the test-retest scenarios: higher than average scores on the first test will be followed by somewhat lower scores on the second test, on average. Likewise, lower than average scores on the first test will be followed by somewhat better scores on the second test, on average.
- The belief that the regression effect is anything more than a statistical fact of life is the regression fallacy.

Where does the regression line come from?
Given a set of paired data, $\left\{\left(x_{1}, y_{1}\right), \ldots,\left(x_{n}, y_{n}\right)\right\}$, we want to find a straight line that predict a $y$-value as accurately as possible from a known $x$-value.
(*) Want the observed $y$-value(s) to be as close as possible to the $y$-values predicted by the line... on average.
${ }^{*}$ ) If the equation of a line is $\tilde{y}=a x+b$ we want to find the specific values of $a$ and $b$ that make the expression

$$
\sqrt{\frac{1}{n} \sum\left(y_{j}-\tilde{y}_{j}\right)^{2}}=\text { R.M.S. error of the line }
$$

as small as possible.
${ }^{(*)}$ This problem can be solved using calculus or linear algebra, and it turns out that the line with the smallest R.M.S. error is precisely the regression line.
$\left({ }^{*}\right)$ The regression line is also called the least-squares line

## Measurement error

Table 1. One hundred measurements on NB 10. Almer and Jones, National Bureau of Standards. Units are micrograms below 10 grams.

| No. | Result |  |  | No. |
| :---: | :---: | :---: | :---: | :---: |
|  | Result |  |  |  |
|  |  | 409 |  | 26 |
| 2 | 400 |  | 397 |  |
| 3 | 406 |  | 27 | 407 |
| 4 | 399 |  | 28 | 401 |
| 5 | 402 |  | 39 | 399 |
| 6 | 406 |  | 31 | 401 |
| 7 | 401 |  | 32 | 400 |
| 8 | 403 |  | 33 | 410 |
| 9 | 401 |  | 34 | 401 |
| 10 | 403 |  | 35 | 407 |
| 11 | 398 |  | 36 | 423 |
| 12 | 403 |  | 37 | 406 |
| 13 | 407 |  | 38 | 406 |
| 14 | 402 |  | 39 | 402 |
| 15 | 401 |  | 40 | 405 |
| 16 | 399 |  | 41 | 405 |
| 17 | 400 |  | 42 | 409 |
| 18 | 401 |  | 43 | 399 |
| 19 | 405 |  | 44 | 402 |
| 20 | 402 |  | 45 | 407 |
| 21 | 408 |  | 46 | 406 |
| 22 | 399 |  | 47 | 413 |
| 23 | 399 |  | 48 | 409 |
| 24 | 402 |  | 49 | 404 |
| 25 | 399 |  | 50 | 402 |


| No. | Result |
| :---: | :---: |
| 51 | 404 |
| 52 | 406 |
| 53 | 407 |
| 54 | 405 |
| 55 | 411 |
| 56 | 410 |
| 57 | 410 |
| 58 | 410 |
| 59 | 401 |
| 60 | 402 |
| 61 | 404 |
| 62 | 405 |
| 63 | 392 |
| 64 | 407 |
| 65 | 406 |
| 66 | 404 |
| 67 | 403 |
| 68 | 408 |
| 69 | 404 |
| 70 | 407 |
| 71 | 412 |
| 72 | 406 |
| 73 | 409 |
| 74 | 400 |
| 75 | 408 |


| No. | Result |
| :---: | :---: |
| 76 | 404 |
| 77 | 401 |
| 78 | 404 |
| 79 | 408 |
| 80 | 406 |
| 81 | 408 |
| 82 | 406 |
| 83 | 401 |
| 84 | 412 |
| 85 | 393 |
| 86 | 437 |
| 87 | 418 |
| 88 | 415 |
| 89 | 404 |
| 90 | 401 |
| 91 | 401 |
| 92 | 407 |
| 93 | 412 |
| 94 | 375 |
| 95 | 409 |
| 96 | 406 |
| 97 | 398 |
| 98 | 406 |
| 99 | 403 |
| 100 | 404 |

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Histogram of the data in table.


## Model for measurement error

## Individual measurement $=$ true value + bias + chance error

- Bias pushes the results in one direction. I.e., for a given set of measurements, bias (if present) is either always positive or always negative.
- Chance error is just as likely to be positive as negative.
- The true value is in many cases unknown, and perhaps even unknowable.

One of the central applications of statistical analysis is to estimate the true value of a given quantity based on a sequence of repeated measurements (or repeated experiments).
Thus, a key element in the design of both experiments and observational studies is to minimize the bias as much as possible.

## Bias in sample surveys:

## 1. The Literary Digest Poll of 1936

Table 1. The election of 1936.
The election result ..... 62
The Digest prediction of the election result ..... 43
Gallup's prediction of the Digest prediction ..... 44
Gallup's prediction of the election result ..... 56

Note: Percentages are of the major-party vote. In the election, about $2 \%$ of the ballots went to minor-party candidates.
Source: George Gallup, The Sophisticated Poll-Watcher's Guide (1972).

